



**SKINperfect**



# FORGET ABOUT AGE

lactosefrei - fructosefrei  
glutenfrei

e 22 g

Inhaltsstoffe

Kollagen  
Pycnogenol  
Coenzym Q10  
Vitamin B5  
Biotin

**Hinweise:**  
Die empfohlene  
Dosis ist zu  
schreiben. Nicht  
Ersatz für eine  
Eine ausgewogene  
sunde Lebensweise  
und Lichtexposition.  
Reichweite beachten.

\* % NRV = Nährwert-  
VO (EU) Nr. 1161/2011



# SKINperfect REJUVENATION FROM WITHIN

“You are what you eat” is a well-known wisdom and it also applies to the aging and health of our skin.

Already at the age of 25, the skin’s own production of hyaluronic acid and collagen decreases. In the early 30s, the first signs of aging usually appear in the form of fine wrinkles around the eyes and/or forehead. In addition smoking, stress, an unbalanced diet as well as excessive sun exposure accelerate the aging processes of the skin due to the formation of free radicals. Cell damage is the

result. The complexion appears sallow, the skin becomes creased, starts losing volume and structure, causing it to sag.

SKINperfect was developed to give the cells effective protection against oxidative stress, collagen degradation and the resulting loss of elasticity. This innovative dietary supplement fights the skin’s aging process with a mix of highly effective ingredients.

## APPLICATION

One container of SKINperfect contains 60 capsules. The recommended daily dose is one capsule which should be taken before a meal with a glass of water.



# SKINperfect

## ACTIVE INGREDIENTS

### COLLAGEN

Collagen is the main structural protein of the extracellular matrix and essential to the body's various connective tissues. As such it is elementary to the health of cartilage, bones, tendons and ligaments. The body produces collagen itself, however with increasing age the collagen synthesis is noticeably reduced and the connective tissue loses its stability and elasticity.

In a randomized blind study, the oral intake of collagen-peptides in form of short-chained amino acids showed improvement in skin roughness, increased elasticity and moisture.<sup>20</sup>

### Q10

The coenzyme Q10 is a substance that is absorbed by the body through the means of nutrition, but is also produced through biosynthesis. It is elementary to the cell metabolism. With increasing age the body's own production of coenzyme Q10 reduces.<sup>21</sup>

Because of its importance to a well-functioning and healthy body, Q10 is known to be used in a variety of cosmetic products as well

as numerous dietary supplements.

In a randomized blind study the oral intake of coenzyme Q10 with a high bioavailability showed significant results in regard to visible signs of ageing: Wrinkles were significantly reduced as well as microrelief lines and in addition skin smoothness was improved.<sup>22</sup>

### BIOTIN (VITAMIN B7)

Biotin is a water-soluble B vitamin and is essential for a well-functioning metabolism.<sup>23</sup>

The name biotin derives from the Greek word "bios" (to live). Because biotin is so important for maintaining vital metabolic processes, a biotin deficiency has an impact on the entire body and can result in many different symptoms such as bad skin condition, brittle nails or alopecia.

### PANTHENOL

Panthenol also belongs to the group of B vitamins - and is also known as provitamin B5. Formulations with panthenol have been used for over 70 years in the field of dermatology and skin care. Various studies have shown the efficacy of panthenol in regard to



its moisturizing and skin barrier enhancing potential, prevention of skin irritation as well as the stimulation of skin regeneration and the promotion of wound healing.<sup>24</sup>

Furthermore it has been shown that panthenol has anti-inflammatory properties that significantly reduce redness and irritation in sensitive skin.<sup>25</sup>

### PYCNOGENOL®

Pycnogenol® is a patented, plant-derived active ingredient.

It is an extract from the French Mediterranean pine (*Pinus pinaster*) and is especially rich in polyphenols, especially flavonoids. These secondary metabolites found in plants belong to the most effective, natural antioxidants. They are beneficial to cardiovascular health, have anti-inflammatory properties and enhance microcirculation.<sup>26</sup>

The therapeutic effects of Pycnogenol® include the protection of human skin against ultraviolet radiation-induced damage, the potential to reduce hyperpigmentation as well as improve skin barrier function and extracellular matrix homeostasis.<sup>27</sup>

Scientific data supports the ability of Pycnogenol® to enhance the production of collagen I and hyaluronic acid.<sup>28</sup> This is especially important with increased age, Pycnogenol® not only promotes skin hydration and hence volume, but also effectively stimulates collagen synthesis. With more collagen being produced the connecting tissue regenerates and the skin regains firmness and tautness. Fine lines and wrinkles are visibly reduced.

